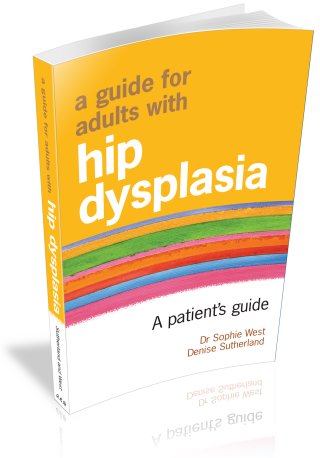
A Guide for Adults with Hip Dysplasia

by Sophie West MRCS MBBS and Denise Sutherland

The first book of its kind



- Foreword by Johan Witt
- 456 pp and over 50 figures
- Over 400 quotations from adult hip dysplasia patients

Contents include:

- The basics of hip anatomy and hip dysplasia
- Treatments available
- Preparing for surgery
- Psychological issues
- Hospitalisation
- Information for carers

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"This is a much-needed and outstanding book for anyone who is touched by hip dysplasia. Doctors who treat hip dysplasia will also benefit from reading this book, gaining insights into the patient's perspective.

"This book contains explanations and suggestions that are practical and easy to understand. The experiences and knowledge of the authors is evident, along with their desire to ease the burden for others who have this common condition. They have given a true gift to anyone with hip dysplasia."

Dr Charles T. Price
Medical Director, International Hip Dysplasia Institute, USA

"This is a well written book addressing a very unique clinical condition ... While discussions with a clinician can help to some extent, this book gives comprehensive information about this clinical condition, and thereby reduces [patients'] anxiety. The book makes the reader feel that s/he can reach for a helping hand throughout the treatment process."

Mr Sanjeev Patil
Consultant Orthopaedic Surgeon, Southern General Hospital, Glasgow, Scotland

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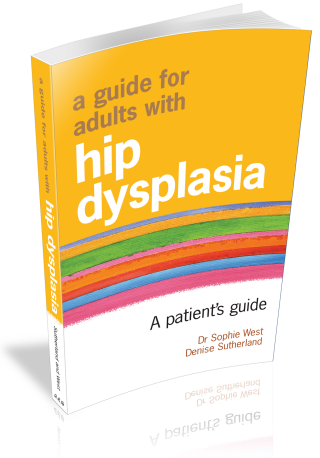

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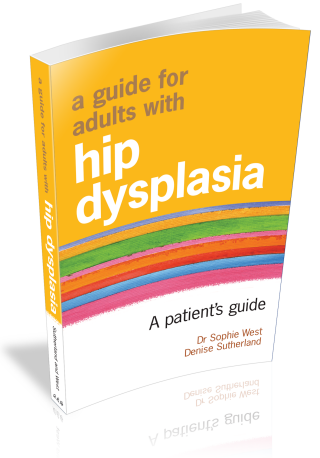

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